



ARMY STARRS

Army Study to Assess Risk and Resilience in Servicemembers

“Soldiers Helping Soldiers”— You have a unique opportunity to use your experiences as a Soldier and have a lasting impact on our Army and our nation.

Groundbreaking Study— Army STARRS is seeking factors that affect mental health risk and resilience among Army personnel.

Confidential— Your answers will never be shared with anyone in your chain of command unless you indicate that you are in imminent danger of harming yourself or someone else.

Voluntary— If your unit is chosen to participate, you will attend a briefing about the study and will have an opportunity to volunteer at that time.

Results— Research findings will be reported as they become available so the Army can use them in its ongoing health promotion, risk reduction and suicide prevention efforts.

Outside Experts— A research team from the National Institute of Mental Health, Uniformed Services University of the Health Sciences, Harvard Medical School, University of Michigan and University of California, San Diego will conduct the study.

www.ArmySTARRS.org



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